

**Chapter One exercise**

Being consistently productive will help me by:
1) _____
_____
2) _____
_____
3) _____
_____

## Chapter Two exercises

Make plans to sit down and write until you run out of steam. You may have a sense of how much time that might be, or you may have no idea. That's okay; you'll know by the end of our experiment. Start now.

**The number of words I wrote was:** \_\_\_\_\_.

Do it again five times, on five different days, so that you have five different instances of writing to the end of your creativity. Write them here, putting your number from above in the first slot:

Session	Date	# of Words
#1		
#2		
#3		
#4		
#5		

Total all the words in writing sessions 1-5	
Divide that number by 5	

Round up (or down) to a nice basic number, and that's your chunk. Write that here:

**My chunk is:** \_\_\_\_\_.

### Chapter Two example

Back when I first started writing, my chunk was about 600 words. It's much higher than that now (more on how that happened later), but with two small kids in tow and not a lot of experience, 600 words was all I could pound out. Here's how my worksheet looked:

Word count Session 1:	540
Word count Session 2:	635
Word count Session 3:	590
Word count Session 4:	650
Word count Session 5:	550
Word count total:	2,965
Divided by 5 =	593

My Chunk was 600 words.

### Chapter Three exercises

#### Manuscript total word count

Write the target word count of your manuscript here: \_\_\_\_\_.

For yourself, take the word count you wrote above and multiply it by 1.1, rounding it up to a nice even number: \_\_\_\_\_.

1. Your 110% word count:	
2. What you've established as your chunk:	
3. Divide line 1 by line 2:	

Line three tells you how many chunks it will take you to type those magic words "THE END" on the first draft of your manuscript.

Just for clarification, I'll work this math on our example:

1. Example 110% word count:	110,000
2. Example chunk:	600 words
3. 110,000 divided by 600	183.33 or roughly 184 chunks

How many chunks to finish your manuscript?

Right now, I write \_\_\_\_\_ times per week.

1. The number of chunks needed to finish my first draft:	
2. The numbers of chunks per week I can write:	
3. Line 1 divided by Line 2 = the number of weeks it will take me to write my first draft:	
4. Optional—translate to months or years:	

### Chapter Three tables

Andy's basic Chunky plan

Week	Cum. Words	Week	Cum. Words	Week	Cum. Words
1	2,400	6	14,400	11	26,400
1	2,400	16	38,400	31	74,400
2	4,800	17	40,800	32	76,800
3	7,200	18	43,200	33	79,200
4	9,600	19	45,600	34	81,600
5	12,000	20	48,000	35	84,000
6	14,400	21	50,400	37	88,800
7	16,800	22	52,800	38	91,200
8	19,200	23	55,200	39	93,600
9	21,600	24	57,600	40	96,000
10	24,000	25	60,000	41	98,400
11	26,400	26	62,400	42	100,800
12	28,800	27	64,800	43	103,200
13	31,200	28	67,200	44	105,600
14	33,600	29	69,600	45	108,000
15	36,000	30	72,000	46	110,400

Andy's Chunky plan with three interruptions

Week		Cum. Words	Week		Cum. Words	Week		Cum. Words
1		2,400	18		38,400	35	X	76,800
2		4,800	19		40,800	36		79,200
3		7,200	20		43,200	37		81,600
4		9,600	21		45,600	38		84,000
5		12,000	22		48,000	39		86,400
6	X	12,000	23		50,400	40		88,800
7		14,400	24		52,800	41		91,200
8		16,800	25		55,200	42		93,600
9		19,200	26		57,600	43		96,000
10		21,600	27		60,000	44		98,400
11		24,000	28		62,400	45		100,800
12		26,400	29		64,800	46		103,200
13		28,800	30		67,200	47		105,600
14		31,200	31		69,600	48		108,000
15		33,600	32		72,000	49		110,400
16		36,000	33		74,400			
17	X	36,000	34		76,800			

Andy adds 50 words to his chunk

Week		Cum. Words	Week		Cum. Words	Week		Cum. Words
1		2,600	17	X	39,000	33		80,600
2		5,200	18		41,600	34		83,200
3		7,800	19		44,200	35	X	83,200
4		10,400	20		46,800	36		85,800
5		13,000	21		49,400	37		88,400
6	X	13,000	22		52,000	38		91,000
7		15,600	23		54,600	39		93,600
8		18,200	24		57,200	40		96,200
9		20,800	25		59,800	41		98,800
10		23,400	26		62,400	42		101,400
11		26,000	27		65,000	43		104,000
12		28,600	28		67,600	44		106,600
13		31,200	29		70,200	45		109,200
14		33,800	30		72,800	46		111,800
15		36,400	31		75,400			
16		39,000	32		78,000			



Andy adds 100 words to his chunk:

Week		Cum. Words	Week		Cum. Words	Week		Cum. Words
1		2,800	16		42,000	31		81,200
2		5,600	17	X	42,000	32		84,000
3		8,400	18		44,800	33		86,800
4		11,200	19		47,600	34		89,600
5		14,000	20		50,400	35	X	89,600
6	X	14,000	21		53,200	36		92,400
7		16,800	22		56,000	37		95,200
8		19,600	23		58,800	38		98,000
9		22,400	24		61,600	39		100,800
10		25,200	25		64,400	40		103,600
11		28,000	26		67,200	41		106,400
12		30,800	27		70,000	42		109,200
13		33,600	28		72,800	43		112,000
14		36,400	29		75,600			
15		39,200	30		78,400			

The Chunky Method Handbook  
 Supplementary material/worksheets  
 © Allie Pleiter

Andy adds one chunk per week:

Week	Cum. Words	Week	Cum. Words	Week	Cum. Words
1	3,000	15	42,000	29	81,000
2	6,000	16	45,000	30	84,000
3	9,000	17	X 45,000	31	87,000
4	12,000	18	48,000	32	90,000
5	15,000	19	51,000	33	93,000
6	X 15,000	20	54,000	34	96,000
7	18,000	21	57,000	35	X 96,000
8	21,000	22	60,000	36	99,000
9	24,000	23	63,000	37	102,000
10	27,000	24	66,000	38	105,000
11	30,000	25	69,000	39	108,000
12	33,000	26	72,000	40	111,000
13	36,000	27	75,000		
14	39,000	28	78,000		

The Chunky Method Handbook  
Supplementary material/worksheets  
© Allie Pleiter

Want to go further? Do more? Share the Chunky Method with fellow writers? You can bring the Chunky Method workshop—in live, webinar, or online class form—to your writers' group, school, or organization. Here's where to learn more:

Allie Pleiter  
P.O. Box 7026  
Villa Park, IL 60181  
email: [allie@alliepleiter.com](mailto:allie@alliepleiter.com)  
website: [alliepleiter.com](http://alliepleiter.com)

I love to hear your success stories! Please contact me and let me know how the Chunky Method has helped you reach your writing goals.